



SEPTEMBER 2025 - MONTHLY UPDATE

VOUCHERS FULFILLED

250 16% fewer than Sept 24



Stock In: 4060 Kgs
Stock Out: 4017 Kgs

CONNECT COMMUNITY CAFE NOW A WEEKLY EVENT

The Connect Community Cafe is now running weekly at Coastlands. Every Wednesday morning from 11am till 2pm everyone is welcome.

A place where you can grab a cuppa and a cake or a snack or a beans on toast lunch. All absolutely free. There's also a craft table where visitors can try their hands at making something crafty.

It's also a safe and comfortable warm space to meet for a chat without the burden of paying. And if you need advice on benefits or housing issues, there will be someone there to talk to. So get down here soon.



MOST NEEDED ITEMS

- Coffee
- Tinned spaghetti
- Jam
- Tinned fruit
- Tinned carrots
- Tinned peas
- Sugar

83 households referred for first time in Sept 2025



STOP GPs CHARGING BENEFIT CLAIMANTS FOR LETTERS - CAMPAIGN GATHERS MOMENTUM



Foodbank calls to scrap GPs' 'disability tax'
A man says he was forced to live in his car for a year after his GP charged him for a letter.



'I spent a year living and sleeping in my car because of the cost of a GP letter'
He lived in the car for over a year due to what he said were complications with getting temporary accommodation



Foodbank demands cap on GP letter fees after disabled man forced to live in car
© 03 Oct 2025 3 minute read
A doctor writing. Picture by Libreshot
A south Wales foodbank is calling for an end to uncapped GP charges for providing

Our campaign to stop GPs charging benefit claimants for letters in order for them to make legitimate claims for benefit or housing support is gathering momentum. In September we wrote to Jeremy Miles (minister for Health in the Senedd) and we raised a formal complaint about this practise with Llias (the ombudsman). We also raised the matter publicly in the press and have since been inundated with messages from people who have been affected by this and who support our campaign. "Disability Wales" have now joined the campaign.



Vale Foodbank were delighted to join Jane Hutt and the various charities and societies she supports at her McMillan coffee morning at the Bridge Between in Barry.

354 ADULTS



ADULTS & CHILDREN FED IN SEPT 2025



184 CHILDREN