



# MAY 2026 - MONTHLY UPDATE

VOUCHERS FULFILLED

**336**

## COOKING GROUP IS BACK

The ever popular Cooking Group returns in June where our participation team will be sharing their knowledge on how to make affordable, nutritious and delicious meals.



## TRUSSELL ROADSHOW

Last month we joined Foodbanks from all over Wales to share ideas and practises to achieve our vision for a Wales without foodbanks.



478 ADULTS

ADULTS & CHILDREN  
FED IN  
APRIL 26

234 CHILDREN

**UP 17% ON APRIL 25**



**Stock In: 4930.30 Kgs**  
**Stock Out: 5691.10 Kgs**

### MOST NEEDED ITEMS

- Pasta Sauce
- Sandwich Meat
- Tinned Carrots
- Tinned Sweetcorn
- Biscuits

**86 households** referred for the first time last month



## HIGHLIGHTING THE GENEROSITY OF ROTARY INTERNATIONAL

We are grateful for all donations received at foodbank. Big and small alike. But once a month we like to highlight a different donor to recognise the support they give.



This month we wanted to highlight the generosity of the Rotary Club International whose members from right the way across the Vale of Glamorgan support us so well. We could not do what we do without your support so thank you.

## CAN YOU HELP?

This Friday 8<sup>th</sup> and Saturday 9<sup>th</sup> May we are joining forces with ASDA (Barry Waterfront) as part of a national food drive. Could you help us collect donations from shoppers? Currently we need cover on Friday 12–2pm, and on Saturday between 10–12pm, 12–2pm and 2–4pm. If you would like to join us please email [info@vale.foodbank.org.uk](mailto:info@vale.foodbank.org.uk).