



AUGUST 2026 - MONTHLY UPDATE

**VOUCHERS
FULFILLED** **297**

People Fed July 26

420 ADULTS 229 CHILDREN

SUMMER PROBATION PROJECT



we are working with Probation Service Cookery Project to provide picnic bags for people who use our foodbank at Coastlands during the school holidays. This initiative not only helps provide food and encouragement to our foodbank users but also gives project participants the opportunity to develop valuable skills while making a positive contribution to the local community.

THANK YOU BARRY ISLAND ORCHESTRA



The Barry Island Orchestra turned their last concert into a fundraising opportunity and donated funds from ticket sales to the Vale Foodbank.

Keep up-to-date with Vale Foodbank on Facebook and Instagram. If you wish to contact us, please email: info@vale.foodbank.org.uk

UP 19% ON JULY 25



**Stock Donated: 2085.25 Kgs
Stock Out: 4438.75 Kgs**

MOST NEEDED ITEMS

TOILET ROLLS
TINED SPAGHETTI
TINNED TOMATOES
PEANUT BUTTER
TINNED SOUP
CUP-A-SOUP
BAGS FOR LIFE

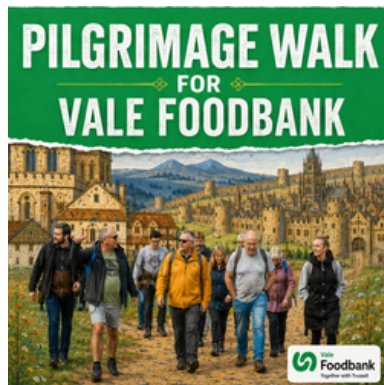
**87 households
referred for
first time
last month**



VICTORY IN CAMPAIGN TO REDUCE RELIANCE ON GP LETTERS

We have been campaigning to stop public bodies routinely sending people to get a GP note to prove they have a disability as these notes carry charges of c£40. This month VOG have passed a landmark motion to review their procedures to reduce the financial burden on vulnerable people.

2 EVENTS TO LOOK FORWARD TO



10am Saturday 22nd August starting at Coastlands we will be leading a 4.6 mile pilgrimage around Barry. Tickets available on [EVENTBRITE.COM](https://www.eventbrite.com).



Cowbridge Male Voice Choir are giving their time to us and performing a concert at Coastlands at 7pm on 25th September. Tickets are available to buy on [EVENTBRITE.COM](https://www.eventbrite.com). Search for "Cowbridge MVC in concert for Vale Foodbank."

**ALL FUNDS RAISED FROM BOTH OF THESE EVENTS
WILL PAY FOR FOOD PARCELS FOR PEOPLE IN CRISIS**